

ABSTRACT OF THE DISCLOSURE

Self adjusting grooved pliers include a first section having a jaw portion and a channel formed therethrough, adjacent the jaw portion and a second section having a jaw portion and a pivot extending therefrom. The pivot is slidably received in the channel to allow wider or narrower association between the jaw portion of the first section and the jaw portion of the second section. The pivot pivotally couples the first section to the second section for movement between an open position and a gripping position. A plurality of grooves is formed in the first section and a tongue extends from the second section. The tongue is received in one of the plurality of grooves, locking the pivot in position within the channel only upon the first section and the second section reaching the gripping position. A biasing assembly acts on the pivot, urging the pivot upward in the channel toward the jaw portion of the first section.